

time, and get this, her music's as hot as she is. Think Britney Spears with spunk, Paris Hilton's new album, *Paris*, will have you dancing around your bedroom and reaching for that bubblegum flavoured lipgloss and pretending you're still a teenager! Pre-order it now and be the first to play it.



FLUSHED CHEEKS

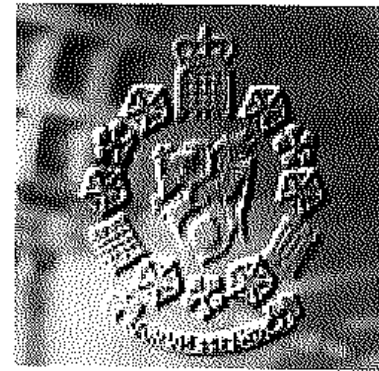
DOWNLOAD IT

You're sitting on the train and you can't help let slip a cheeky smile. Why? Only you'll know. And that's probably a good thing when you're listening to sensual stories on your iPod. Let the sexy Australian accents featured on Flushed Cheeks podcasts whisk you away into a world where everything exists to please you, and even Monday morning rush-hour will feel like a treat.



CREATE IT

Whether you're flirting, apologising or just saying hi, personalising M&Ms is the perfect way to make your message stand out. And it'd better be memorable because the M&Ms themselves won't last for long.



DO IT

If you've ever fancied being Bond (and we're not just talking about the girl in strappy shoes and a dress split to her thigh), this might be the perfect opportunity for you. MI5 are actively recruiting women to bolster its surveillance teams. So, what are you waiting for!



PLAY IT

Yes, we know internet games are normally designed with spotty teenage boys in mind, but Second Life is different. Become your perfect Manolo-clad self in this 3D online community. Trust us, try it once and you'll be hooked.

USE IT

You know you don't really *need* those size 8 jeans that haven't fitted for years but you just can't seem to throw them away. That's why you need the Clutter Clinic. They'll analyse your home, work out what's just a waste of space, and help fight the sentimentality that's holding you back from sleek, organised living.